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PARENT CONSENT FOR FIELD TRIPS ESSMY Ski Trip to Marmot

Greater St. Albert Roman Catholic Separate School District No. 734 supports the practice of conducting educational field trips and excursions that enhance student learning as described in the Program of Studies and as aligned with the division mission statement. There are risks associated with every field trip. Please read this parent information carefully so that you can provide a well-informed parental consent for this field trip.

Please note that the board of trustees or the superintendent reserves the right to cancel any field trip up to the departure date in the event that there are severe issues or concerns with student and staff travel.

Field trip description (brief): ESSMY will be using the MagicBus day service to Marmot. We will be stopping in Edson on the way to Marmot for a quick breakfast, as well on the way back for dinner. Students will be skiing or snowboarding for the day.

Field trip date(s): March 6, 2015

Cost of field trip to students: Bus and day lift ticket \$140.00

Rentals/day:

Skis \$ 26.00 Boards \$ 26.00,

Lessons/Helmet: Included

Food is an additional cost, if a lunch and snacks are not brought from home.

The District supports the practice of conducting co-curricular and extra-curricular educational field trips, excursions and exchanges that enhance student learning as described in the program of studies and align with the District mission statement.

Participation by students in special events such as field trips, athletic competitions, music and drama festivals, and student exchanges can significantly complement the educational program. While field trips and excursions have positive educational value, care must be taken to ensure that field trips or excursions are organized in a manner that maximizes educational benefit and ensures the protection and safety of students. *Educational Assessment*

The educational value of the trip:

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics and outdoor pursuits

General Outcome B

Students will understand, experience and appreciate the health benefits that result from physical activity.

Destination: (map attached)

Marmot Basin is located around 20km south of Jasper via Highway 93, 93A and the Marmot Road.



Detailed itinerary: (with all activities, dates, times, places, transportation . . . this may be an attachment)

ESSMY will be using the MagicBus day service to Marmot. We will be stopping in Edson on the way to Marmot for a quick breakfast, as well on the way back for dinner. Please ensure that your child brings a bagged lunch or money to buy lunch at the chalet.

5:00am - Boarding Begins at ESSMY

5:25am - Boarding Ends

5:30am - Depart ESSMY, St. Albert

9:45am - Arrive at Marmot, Jasper

4:30pm - Depart from Marmot, Jasper

9:00pm - Arrive at ESSMY, St. Albert

Accommodation Details: (establishment's name and contact information. This may be included in the itinerary instead of here. If the arrangements are completed after trip approval, a letter must be sent to the deputy superintendent with this information prior to trip departure)

Marmot Ski Basin

Phone: 1-780-852-3816 Toll Free: 1-866-952-3816

Departure and return dates/times:

March 6, 2015 at 5:30am March 6, 2015 at 9pm

Mode of transportation:

Magicbus (Greyhound bus)

Supervision: (include, name of teachers, and volunteers; and related expertise, background and planned training for volunteers)

Cindy Pereira- First Aid Catherine Lajoie- First Aid 2 Parent Volunteers (TBA)

Safety Assessment

Review of type of activity and level at which it is undertaken including the safety evaluation or risks associated with each activity

Helmets

Helmets are required for all skiers and snowboarders. Students may bring their own or rent one. Helmets are included in the cost of ski and snowboard rentals.

Equipment

As stated in the <u>Safety Guidelines for Physical Activity in Alberta Schools</u>, "if the ski or snowboard equipment is borrowed (<u>not rented</u>), bindings should be inspected and adjusted by a knowledgeable equipment technician on site." Marmot technicians will inspect and adjust equipment free of charge. If your child is NOT renting, he/she MUST have their equipment inspected by technicians at Marmot Ski Basin.

<u>Procedures for reducing risks of these activities:</u> Various meetings where safety, expectations and conduct will be outlined. There is also a meeting with Safety Patrol at the hill the day of the event.

Elements of Risk Notice (as per Alberta Education Safety Guidelines)

- There is an element of risk in every activity. The safety and well-being of students is our prime concern and attempts are made to manage foreseeable risks inherent in skiing or snowboarding by taking appropriate precautions. However, due to the very nature of skiing and snowboarding, there is risk of injury. Injuries may range from minor sprains and strains, to injuries more serious in nature.
- Outdoor activities in the winter present many possible hazards such as: hypothermia, frostbite, snow blindness, sun burn, avalanches, animals encounters, other skiers, variety of terrains and slope grades, ever-changing weather, etc. Plus other unforeseeable risks.
- Thus, please be aware of the importance of suitable clothing and equipment. Students should wear appropriate cold-weather outdoor clothing, especially hand and head wear. Also, be aware of the importance of sun protection if the weather warrants such precautions.
- ALL STUDENTS ARE REQUIRED TO WEAR HELMETS. Helmets are included with ski and snowboard equipment rental fees.
- Students who are snowboarding should also wear wrist guards.
- All snowboards MUST have a leash or they will not be allowed on the hill.
- Students are encouraged to use the buddy system.

NOTE: Please do **not** have your child wear expensive footwear or bring valuables. Marmot Ski Basin is **not** responsible for any lost or stolen articles.

<u>Plan for the supervision of students</u>: 3 Supervisors will be out skiing with the students and one will remain at the Chalet

Qualification and certification of instructors, staff and volunteers: First Aid as well as the Ski Hill has First Aid and Safety Patrol

<u>The role of any volunteers</u>: They are supervisors and available throughout the hill as well as one at the ski chalet. They are present to ensure student safety and communicate with parents if necessary.

Required student knowledge or training: Lessons

Marmot Ski Basin provides one-hour lessons free of charge. Students will be placed in a lesson that matches their level of experience. According to the <u>Safety Guidelines for Physical Activity in Alberta Schools all</u> <u>students must take a lesson</u>. All students will be required to take a lesson on their first trip with the club. Students who are in their first year of skiing or snowboarding must take lessons on each trip. Further lessons will be available at the discretion of the parent.

How the student knowledge and training will be conducted: Various student meetings prior to the trip and there is also a meeting with Safety Patrol at the hill the day of the event.

Required safety equipment and packing list for students: Appropriate gear for skiing/boarding, including helmets. A list will be presented during a student/supervisor meeting.

Contingency for possible travel delays or a in the case of events such as poor weather, risk associated with social or political conditions, etc. that requires changes or cancellation of the field trip: 1. Check the student permission form for information 2. Contact the Parents/Guardians of the child 3. Call administration. If a student is required to go to the hospital by recommendation of the onsite ski patrol, then the parent will be contacted and given the choice of such a procedure due to ambulance and hospital charges etc.

Access to medical facilities: On site First Aid, nearby hospital in Jasper. Approximately 20 minutes away. 518 Robson Street, Jasper, AB T0E 1E0 (780) 852-3344

Inclement Weather

In extreme weather conditions, or climatic and/or road conditions constitute a significant hazard to the safety and well-being of students (as per Page 1 of 3 Administrative Procedures Manual *Revised April 12*), we will notify parents of cancellation that morning via the call out system at ESSMY.

1.1 Road conditions on Highway 2, designated as "POOR" by *AMA – Edmonton Region Road Reports* may constitute a significant hazard to the safety and well-being of school bus passengers, and may result in cancellation of service.

Weather data can also be gathered from Environment Canada, and can also be viewed on: http://www.skimarmot.com/mountain-report

Use of Alcohol, Restricted or Illicit Drugs

Students who participate in this trip shall be required to follow the student Code of Conduct, which prohibits against the possession or use of tobacco, illegal drugs and alcohol at any time.

Emergency Procedures/Emergency Plans

Emergency procedures or emergency plans to be followed in the event of injury, illness or unusual circumstances or cancellation of field trip.

In the event of a serious medical problem, an ambulance will be called and the necessary first aid will be administered. Parents and school administration will be notified.

For a minor illness, parents will be notified and the student will be treated as necessary.

If a situation arises in which students must leave the premises and /or return to the school, students will do so and parents will be notified. If transportation must be called in, supervisors will relocate students to safe location, notify administration and wait for transportation.

Contacts in case of Emergency

Marmot Ski Basin

Phone: 1-780-852-3816 Toll Free: 1-866-952-3816

Cindy Pereira (supervisor)

780-966-1189

I authorize to attend M	armot Ski Trip on March 6, 2015 by MagicBus.		
I have retained a copy of the field trip information for my use and information. The following is a list of my child's medical conditions (including allergies, conditions requiring medication, etc.) a list of medication that my child must take and any special instructions regarding medication storage and administration. If my child requires medical attention, I authorize the supervisors to seek necessary medical treatment. Alberta Health Care #			
		In case of an emergency I may be contacted at:	An alternate emergency contact is:
		Home telephone(s): Work telephone(s): Cellular telephone:	Name: Relationship: Home telephone(s): Work telephone(s): Cellular telephone:
Signature of Parent/Guardian	Date		
Print name of Parent/Guardian			
1 Copy for Parents 1 Signed Copy for School			

I have read and understand the educational and safety (risk) assessments provided concerning the

field trip to Marmot Ski Basin, Japer.