

St. Albert Sports Academy
“Athletics are a Dress Rehearsal for Life”
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Sept. 25, 2020

Newsletter #1

It has been a strange but exciting start to the academy year. Building relationships with all of our athletes has been very rewarding thus far. Even though we have spent the first month at the athletes' home schools it has flown by. The athletes are engaged, respectful, hardworking and seem to be having a great time. **Please read your schedules carefully as some routines do change due to facility availability.**

Transportation:

All Academy athletes will go through a bus safety review by the end of September, high lights include:

- Hand sanitize before and after each bus trip
- Bus is disinfected between every trip
- Masks are worn at all times on the bus
- Athletes have and will follow a designated seating plan
- Bus will load back to front and unload front to back
- **Absolutely No Food or Drink on the bus**

Facilities:

We will be expected to follow the safety guidelines set out by our School Division as well as the guidelines set out by the facilities we visit. Masks will be worn in all facilities including dressing rooms. Masks can be removed for training sessions only.

Hand Sanitizer/Masks:

All athletes have been given a small spray container of hand sanitizer as well as a mask. Academy teaching staff can refill the spray hand sanitizer for the athletes anytime. It is expected that all athletes have hand sanitizer and a mask on their person at all times.

Water Bottles:

All Academy athletes are expected to have their own clearly marked water bottle at every academy session.

Academy Activities:

Please read your designated schedule carefully to know the activities your athlete will be participating in each month.

Testing:

Fitness testing was done in September and skill testing will happen in October.

Clothing:

Due to COVID – 19 no apparel has been ordered this will be happening in October.

Emergency Contacts:

If there is ever an emergency and you need to speak to your child please call Albert Lacombe at 780 - 459 – 4478 and the secretary will be able to reach an instructor on their cell phone.

Parking:

When dropping off or picking up your child at school please be mindful of the buses. If buses are in the school parking lots than you should not be. This is a rule for the safety of children in the parking lots. When picking up at Albert Lacombe athletes must leave through the west side of the building and immediately exit the parking lot. They are not permitted to walk through the parking lot. Once on the street they are to use the sidewalk and cross walk – Jay walking is dangerous and a bad example for younger students.

Website/Twitter:

Please check the website for all newsletters and forms as well as any information you require; sportsacademy.gsacrd.ab.ca Please also connect with us on Twitter. This is a good tool for us to share information. It is also a good tool for emergency situations like change of venues or late buses etc. Our twitter account is [GSACRD_Sports](#). In order to follow us on Twitter and receive messages you will need to download the twitter app or twitterrific. Once you have this app become a follower of [GSACRD_Sports](#) to get up to date information.

Communication:

If you have any questions or concerns or would just like to talk about your son or daughter's progress in the academy please give me a call or send me an email.

Geoff Giacobbo
Sports Academy Consultant